

## ST. MARY ORTHOPEDIC CENTER

### 1st

joint replacement program in the state to earn Joint Commission Gold Seal of Approval™

Treat more than **3,000** orthopedic patients every year

Joint replacement patients usually return home **2 – 3** days after surgery

Joint program rates in top **1%** nationally for patient satisfaction

## The most important number is still one.

St. Mary's experienced orthopedic experts use the latest advances to heal joints, spines, hands, and sports injuries. So it's no wonder we have some very impressive numbers to show. But we never forget that the most important number of all is that one person we're treating right now.

*"Patients tell me that after putting off hip or knee replacement for years, they found it much easier than expected. Most are out of bed the same day and home in just two or three days. Our physical therapy sessions simulate specific barriers patients may face, like stairs, so they know exactly how to manage. We really spend time with each patient to personalize their care."*

*"Last year, an 89-year-old woman had her knee replaced and went home two days later using a cane — completely independent. Another woman was virtually wheelchair-bound with arthritis; she had to crawl up her stairs. The day after surgery she walked 50 feet, plus up and down several steps. These are 'wow' moments for me. I love having a true impact on someone's quality of life."*



*Karen Rockelmann  
St. Mary Senior Physical Therapist*

Designated as a

**Blue  
Distinction®**

Center for Knee and  
Hip Replacement



An Independent Licensee of the  
Blue Cross and Blue Shield Association

**True story. True leader.**

**For a physician referral call 215.710.5888  
[www.StMaryHealthcare.org/Ortho](http://www.StMaryHealthcare.org/Ortho)**



**It's your health. Expect more.**  
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