



Center for Joint Replacement

Hip and knee pain can limit an active lifestyle at any age. If non-surgical treatments have failed to provide relief and you are considering surgery, look to the Center for Joint Replacement at St. Mary for the expert care you need. Our experienced team of surgeons, nurses, therapists, and pharmacists has a combined focus: to relieve your chronic pain and to restore your ability to enjoy activities and pastimes as quickly as possible.

The Center for Joint Replacement at St. Mary is the first in Pennsylvania and one of only a few in the nation to earn the Joint Commission's Gold Seal of Approval™.



Comprehensive Care

Our board-certified, fellowship-trained orthopedic surgeons, certified orthopedic nurses, licensed physical and occupational therapists, and pharmacists who specialize in total joint care work closely with our patients as a team. This "total team" approach helps to ensure peace of mind so you know what to expect before, during, and after surgery.

Once your surgery is scheduled, our Joint Care Coordinator will manage every aspect of your care — from pre-admission testing and pre-operative education to surgery, rehabilitation, discharge, and post-discharge follow-up.

Our comprehensive care model results in a quicker recovery and very low complication rates. Therefore, the majority of our patients are able to return home two to three days after surgery.



Specialized Surgical Suites

Surgeries are performed in two specially equipped state-of-the-art surgical suites, which include video capabilities for educational purposes. Our surgeons, along with St. Mary's dedicated orthopedic surgical team, perform total joint replacement surgery and other sophisticated orthopedic procedures in these high-tech suites. Our entire surgical team is committed to providing exceptional quality of care to ensure a safe and swift recovery.

After Surgery: Recovery and Rehabilitation

Our unique program focuses on your wellness and therapy to shorten your recovery and give you the independence you need to regain your quality of life as rapidly as possible.

When your surgery is complete, you will recover in our dedicated Center for Joint Replacement. This private unit is designed to help you quickly get back on your feet and increase your functional mobility after your joint replacement procedure.

Rehabilitation begins at home prior to your surgery and is continued as early as the day of your surgery. Our physical and occupational therapists conduct both individual and group sessions during your recovery. Group sessions are held in our specially equipped on-site rehabilitation gym. The goal of physical and occupational therapy is to increase strength and range of motion in your newly replaced joint so you feel better faster.

Throughout your stay, you will be out of bed, wearing your own clothes from home, and sharing "bonding experiences" with other patients in the center. We encourage family and friends to participate in your rehabilitation.



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After-Hospital Care

After you are discharged from the hospital, you will continue to receive physical therapy and, if needed, occupational therapy. Most of our patients go directly home and receive St. Mary Home Care services from a therapist who continues to build strength and endurance in the newly replaced joint. Those patients who have not quite met their goals of independence during hospitalization may need a short stay at a sub-acute facility prior to returning home.

Following treatment at home, you may progress to Outpatient Rehabilitation if necessary. Our joint replacement patients are offered a free two-month membership to the St. Mary Wellness Center to work with our exercise physiologists to continue to improve flexibility and strength of their muscles.

Full-Service Orthopedic Care

In addition to joint replacement surgery, the orthopedic specialists at St. Mary Medical Center treat a wide range of musculoskeletal conditions that can affect mobility or cause pain and discomfort. These include fractures, orthopedic trauma, and diseases of the neck, spine, hip, knee, shoulder, elbow, hand, and foot.

Our specialists' areas of interest include arthritis and osteoarthritis treatment; hand, wrist, and shoulder care; spine and back care (including kyphoplasty); sports medicine; arthroscopy; pediatric orthopedics; and pain management.



Physician Referral

To learn more about joint replacement and other orthopedic services at St. Mary Medical Center, please call 215.710.2636. For a referral to an orthopedic specialist, please call 215.710.5888.

Insurance

St. Mary accepts Medicaid, Medicare, and most third-party insurance plans. Generally, we are able to obtain the necessary payment authorization from your insurance carrier. If coverage is not available, we will be happy to help you make alternative payment arrangements or speak with someone from our financial assistance program.



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